Good Shepherd Non-Profit Homes provides permanent, supportive housing and community-based programs across the City of Toronto, to a diverse population of people living with mental health and related needs.

Good Shepherd helps people with a history of, or who are at-risk of, homelessness, to maintain their housing and increase their quality of life. We strive to connect individuals to resources that nurture and maintain social, recreational, educational, occupational, and vocational activities.

Services offered by Good Shepherd Non-Profit Homes depend on the generosity of our donors, partners and friends.

444

Good Shepherd provides health and human services in Toronto and the Greater Hamilton Area. Our work is based on a commitment to restoring hope and dignity to society's most vulnerable members. We help to reduce poverty and homelessness in our community by providing food and shelter, advocacy, access to government programs, and education.

Services are provided free of charge and without judgment to anyone in need regardless of race, religion, sexual orientation, gender identity, relationship status, disability or addiction issues. Good Shepherd Non-Profit Homes – Toronto Creative Works Studio 793 Gerrard Street East (Logan & Gerrard) Toronto ON M4M 1Y5 (Accessible by Gerrard streetcar or Pape bus)

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www.goodshepherdcentres.ca

## NON-PROFIT HOMES CREATIVE WORKS STUDIO

**GOOD SHEPHERD** 

## What it means to have Faith in People

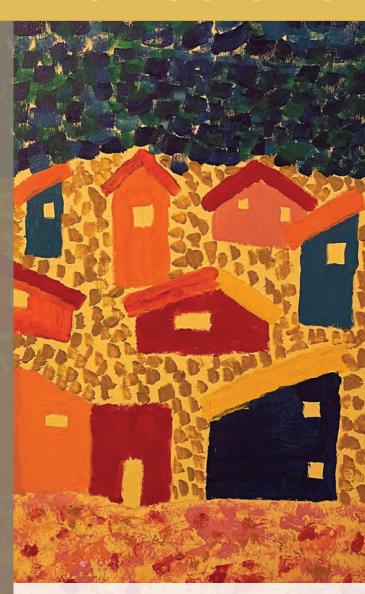
It means seeing the whole person. It means hearing warmth and humanity in their voices – not just despair.

We see potential and promise.

For the people we serve at Good Shepherd Non-Profit Homes, our faith in people means all of this. It also means helping people discover their faith in themselves.









## Good Shepherd Non-Profit Homes Creative Works Studio

Creative Works Studio is located in Downtown East Toronto, in the lively area of Gerrard and Logan. This community, arts-based studio was founded in 1995 by an occupational therapist and practising artist. The vision for this studio was to combine the two occupations to provide significant benefits for people living with mental health and/or substance use related needs.

Creative Works Studio's mandate is to provide individuals living with mental health and/or substance use related needs a place to heal through the power of artistic expression.

Returning to a meaningful and active life is the goal for everyone who participates in the program. At Creative Works Studio, each member is treated as an artist first and foremost. Members are encouraged to reach their greatest potential and skill level through purposeful and inspiring creative art initiatives. As a result, members gain confidence and increase their sense of well-being and community.

Creative Works Studio is actively involved in education and community outreach as a means of reducing the stigma associated with mental health and substance use.





## **Examples of Activities**

- Movement and Dance
- Ceramics
- Printmaking
- Pottery
- Painting: oil, watercolour
- Batik Fabric Dying
- Charcoal drawing
- Still Life
- Collage
- Textiles and sewing
- Social recreation: field trips, barbecues, brunch

